

Principal  
Lawrence Murphy

Associate Principal  
Christopher LaBreck

Counselors  
Karen McQuade  
Todd Salmonsén  
Rebecca Spencer

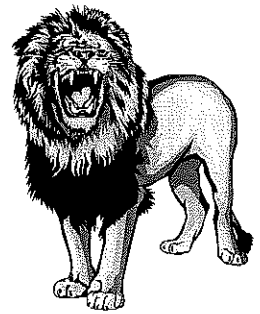
## West Boylston Middle/High School

125 Crescent St.

West Boylston, Massachusetts 01583-1098

Telephone: (508) 835-4475

Fax: (508) 835-3925



March 4, 2014

Dear Parents and Eighth Grade Students:

In order to ensure that the 8<sup>th</sup> grade trip to Washington, D.C. is a safe, fun, and memorable experience for all that participate, the following guidelines are being provided:

1. On Tuesday, April 29, 2014, students should arrive at the Middle/High School between 5:30 A.M. and 5:45 A.M. for a 6:00 A.M. departure. Students will arrive home on Friday, May 2<sup>nd</sup> between 8 and 11 P.M. Arrangements will be made for them to call at the last rest stop on the return trip with a more precise arrival time.
2. Students should pack neat, casual clothing and comfortable shoes for travel and day activities. **All students must wear sneaker-type footwear for day activities.** No sandals, slides, flip-flops etc. may be worn for safety reasons. Plan to dress up for the Dance Cruise. (Simple dress, skirt, or non-jean pants and blouse for girls, collared shirt and non-jean pants for boys.) Be sure to include something waterproof for rain, a jacket for cooler weather, and all necessary personal care products. Students need money for two meals, snacks, and souvenirs. All other meals and all admissions are included in the trip price. (See attached packing list.)
3. Please DO NOT bring unnecessary valuables or large sums of money. Thirty-five dollars is adequate for lunches, snacks, etc. Tee shirts, sweatshirts and other souvenirs would be additional (Not more than \$100.00 - \$150.00).
4. Only music and video devices with headphones are allowed on the bus. Students may eat snacks at the bus driver's discretion, but are reminded that anything spilled must be cleaned up and all litter disposed of properly. For safety reasons, all passengers must be seated and face front at all times while the motor coach is in motion.
5. Students may make phone calls home; however, calls, especially before bedtime, should be brief. Students may bring a cell phone, but should limit the calls. The phone must be turned off when directed to do so by the tour guide or chaperones and cannot be used to disturb other students. Failure to follow the guidelines will result in the phone being held by a chaperone.
6. In general, items not allowed in school are not permitted on the trip. Be certain students have no smoking materials or knives of any kind, including Red Cross or Boy Scout knives in their pockets or bags. Anyone in possession of, or under the influence of, a controlled substance will face severe consequences. Students are not allowed to purchase toys or replicas of any type of weapon. All violations pertaining to smoking, possession, or use of controlled substances or weapons will be dealt with according to school policy.
7. We also want to emphasize that students will be held financially responsible for any damage to the room and/or bus. All rooms and the bus will be inspected prior to student use so our students will not be blamed undeservedly.

8. Students are reminded that all school rules regarding behavior apply, including the dress code. We expect that all students will conduct themselves in an appropriate manner at all times. **A severe problem with any student may result in that student being sent home at the expense of his or her parents.**
  
9. It is important that we have accurate emergency information for all students. Parents are asked to complete the attached form **in detail** and return it to the school by **Wednesday, March 12, 2014**. Please bring medications, in original containers, to the **Middle/High School** nurse by Monday, **April 10, 2014**. Medications cannot be sent to school with students, parents must deliver them to the nurses' office. Medication supplied to the MS/HS nurse **will not** be removed from Mrs. LiBrandi's office for this trip. Medications such as: Tylenol, Motrin, Tums, & cough drops will be supplied. **If you have any questions regarding medications and/or medical issues please feel free to call Mrs. Librandi with any questions. (508) 835-4475 ext. 135**

Attached is an updated copy of the itinerary for your reference and some suggestions for packing. If you have questions, please feel free to contact Mr. LaBreck via email at: [chrislabreck@wbschools.com](mailto:chrislabreck@wbschools.com) or Mrs. Carter at [melisacarter@wbschools.com](mailto:melisacarter@wbschools.com) . We at the school are looking forward to a great trip!

Sincerely,

Chris LaBreck  
Associate Principal

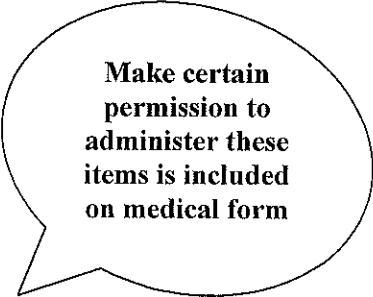
## Packing Instructions

When you arrive on Tuesday morning the major part of your luggage will be stored in a compartment under the bus for travel. Please be certain to **keep out everything you need for Tuesday**. **Remember that you are responsible for your own belongings. Do not bring more items than you need.**

Suggestions for packing:

### ON THE BUS

Backpack  
A few snacks for the ride  
Something quiet to do (Walkman, book)  
Medication (Tylenol, Motion-sickness medication)  
Small umbrella or raincoat  
Movies for the bus (approved by chaperones)  
Tissues  
Money  
Cameras/Film  
Sweatshirt or sweater



**Make certain  
permission to  
administer these  
items is included  
on medical form**

### UNDER THE BUS

Clothes for 4 days (Be sure to pack for rain and cooler weather)  
\* See below  
Toiletries  
Shoes/sneakers  
Rain gear  
Jacket  
Snacks for room - drinks should be in individual containers  
Pillow/sleeping bag (if you choose)  
Extra film

*Students need clothing for 4 days. During the day students must wear neat casual clothing and sneakers or other closed shoes. Sandals, slides, etc. are not appropriate or permitted. Casual dress-up is appropriate for Tuesday and Wednesday evenings. For clarification, during these activities girls may wear modest dresses or tops with narrow straps. Low-cut clothing is not allowed. School Dress Code applies at all other times.*

**Once we are on the bus we cannot stop to get items out of the bags under the bus! Be sure to pack necessities for the trip down and back in your backpack.**

**Students are not permitted to bring the following items:**

- "Boom" Boxes (Large CD/Tape players)
- Students are advised NOT to bring leather jackets or expensive jewelry
- Large sums of money
- Expensive digital or video cameras
- Expensive electronic equipment

**WEST BOYLSTON PUBLIC SCHOOLS**  
**SCHOOL ACTIVITY MEDICAL FORM**

Student's Name \_\_\_\_\_

Dear Parent/Guardian:

Date: \_\_\_\_\_

Your child is scheduled to take part in the GRADE 8 WASHINGTON, D.C. TRIP April 23, 2012 through April 26, 2013. If your child needs to take **any medication (prescription or over the counter) during this time or has any medical condition** we should be aware of, please fill in appropriate areas below. Thank you.

**ALLERGIES, CONDITIONS, RESTRICTIONS:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICATIONS:** Must be in original containers with pharmacy labels intact. List both prescription and non-prescription medications. **Be sure to list over the counter medications. No need to send: Tylenol, Motrin, Tums & cough drops as they will be supplied.**

MEDICATION	AMOUNT	TIME	REASON

\_\_\_\_\_  
Parent signature

\_\_\_\_\_  
Date

**EMERGENCY TREATMENT:**

I give permission for chaperones of West Boylston Middle/High School to authorize emergency treatment of my child.

Parent signature \_\_\_\_\_ \* Home phone \_\_\_\_\_

Address \_\_\_\_\_ \* Daytime phone \_\_\_\_\_

\* Cell phone \_\_\_\_\_

Doctor \_\_\_\_\_ Phone \_\_\_\_\_

Insurance Company \_\_\_\_\_ Policy Number \_\_\_\_\_

**Please list additional emergency phone numbers below.** You may also add any other pertinent data we may need to have on the back of the form.